

BREAKFAST SERVED FROM 9AM - 12PM

BREAKFAST ROLL	One Filling: £6.50 Two Fillings £7.50
Welsh pork sausage bacon vegetarian sausage black pudding Welsh cheddar sauteed mushrooms	
BUTTERMILK PANCAKE STACK <small>GLUTEN FREE OPTION AVAILABLE</small>	£9
Maple syrup & streaky bacon banana, whipped cream, toffee sauce, pecan crumb	
SMASHED AVOCADO, LIME, CHILLI FLAKES, SOURDOUGH	£8.50
Add Extra: Feta £1 Prosciutto £1.50	
GRANOLA, FRESH FRUIT, GREEK YOGHURT	£5
SOURDOUGH TOAST WITH JAM & BUTTER	£3.50

TOASTIES SERVED ALL DAY

Ham & Welsh cheddar <small>GLUTEN FREE OPTION AVAILABLE</small>	£7
Streaky bacon, brie, caramelised onion chutney <small>GLUTEN FREE OPTION AVAILABLE</small>	£7
Welsh rarebit & red onion chutney (v)	£7
Ham & cheese croissant	£6
Toasted teacake with butter	£4

LUNCH SERVED FROM 12PM - 5PM

SANDWICHES

Prawn, lime Marie Rose, tomato, lettuce, ciabatta	£8
BLT - streaky bacon, lettuce, tomato, ciabatta	£7
Hummus, roasted vegetables, rocket, ciabatta (ve)	£7
Chicken, prosciutto, buffalo mozzarella, pesto, rocket, tomato, Italian sourdough	£8.50
Beef pastrami, mustard, gherkins, rocket, Italian sourdough	£7.50
Buffalo mozzarella, rocket, tomato, pesto, Italian sourdough(v)	£7
Chicken Caesar wrap - chicken, streaky bacon, baby gem lettuce, Caesar dressing, tortilla wrap	£7

SALADS

Roasted vegetables, hummus, pomegranate, house dressing (v) <small>GLUTEN FREE OPTION AVAILABLE</small>	£7.50
Prawn salad, lime Marie Rose <small>GLUTEN FREE OPTION AVAILABLE</small>	£9
Chicken Caesar salad, chicken breast, streaky bacon, baby gem lettuce, croutons, Caesar dressing (gf) <small>GLUTEN FREE OPTION AVAILABLE</small>	£8.50

CHILDREN'S SANDWICHES

Chicken mayonnaise sandwich	£5
Ham & cheese sandwich	£5
Cheese toastie	£5

DRINKS

Americano	£3.50	Tea	£2.95
Cappuccino	£3.50	Flavoured Tea	£2.95
Latte	£3.50	Iced Americano	£3.50
Espresso	£2.50	Iced Latte	£3.95
Flat White	£3.50	Extra Shot	50p
Mocha	£4.00	Soya Oat Milk	50p
Hot Chocolate	£3.50	Syrups: Vanilla, Caramel, Hazelnut ...	50p
Deluxe Hot Chocolate	£4.50	<i>Decaffeinated tea & coffee available</i>	